



TA LAI ADVENTURE

Outdoor Programs 2019

COMMUNICATION
DETERMINATION
TEAMWORK



Introduction to the Longhouse, accommodation & facilities



The Longhouse is a collaboration between the local minority collaborative group and Capheex under the support of WWF. The aim of this project is to bring benefits to the local community by sharing the profits. Your stay will directly contribute to various projects in the area.



Introduction to the Longhouse, accommodation & facilities



❖ Sleeping areas:

- Longhouse: 30 pax
- Mini Longhouse: 15 pax
- Campsite: 150 pax

❖ Toilet areas:

- 10 toilets
- 10 showers
- 3 toilets at the campsite



Food and Drinks



Our local chefs cook a wide range of Vietnamese foods and some western dishes all using the freshest ingredients.

Meals are enjoyed in our roofed outdoor dining area.

Our BBQ buffet is a must!

❖ Drinks

From fruit juices to fine wines and beers we can provide all drinks from our well stocked kitchen.



Meetings

❖ Meeting/ lectures

Our pavilion is the perfect setting to hold meetings, seminars, yoga, mediation or special BBQ parties. Surrounded by forest it's secluded and very peaceful.

Information:

- Seats up to 50 persons comfortably
- Projector and screen rental options
- Speaker and microphone provided
- Tea/coffee breaks with snacks options



Night Activities

❖ Evening entertainment

Make your night times in Ta Lai memorable by enjoying some of the below activities.

Traditional Dance performance

Dances performed by 2 local minority groups with the chance for you to join in and dance.

Camp fire

Sing and cook around the camp fire under the stars

Karaoke

Sing the night away



Community Projects

❖ Aquaponics system

To provide each family with their own system using fish to produce the minerals to grow suitable and ecofriendly crops.

❖ Water filter systems

To provide the village with access to fresh and clean water free of charge.

❖ Compost toilets

To provide dry compost bins to each family which is perfect for areas with poor water access.





TEAM BUILDING PROGRAMME

- ❖ We designed the programme to involve everyone in compelling activities which combines: determination, creativity, adventurous, inspirational and cooperative experiences. Team members will learn to work together as a unit and focus on achieving shared goals.
- ❖ Our programme takes place at The Longhouse which is designed as a traditional house of local minority groups located in the remote and magnificent region of Cat Tien National Park, Lam Dong Province (150km from HCM City).

2 day 1 night program:

DAY 1 OBSTACLE RACE

(-/L/D)

8.00am Departure from HCMC.

11.00am Arrival to Ta Lai. Short walk of 1.5km.
Check-in.

11.30am Lunch at the Longhouse

Obstacle race:

2.00pm Teams will race around the village to see which team can complete the obstacles and come back 1st.

5.00pm Back to Longhouse. Relax

7.00pm **Special Dinner. Camp fire.**

DAY 2

(B/L/-)

8.00am Breakfast

Choose 1 in 2 options:

Bamboo raft building: (depend on season)

9.30am – 11.00pm Teams will build their own raft from bamboo & inner tubes. Once built, launch the rafts and race between each other.

Or Trekking in the jungle

Physical activity, Teamwork spirit, nature beauty

12.00pm Lunch at the Longhouse

2.00pm Check-out & Depart to HCMC

5.00pm (est.) Back to HCMC.



Package for 2 days 1 night

The package Includes:

1. 1 night accommodation in Longhouse
2. All meals as stated
3. Activities and equipment.
4. Organization fee for Team building activities
5. Entrance fees
6. Community fees (150.000vnd/person/night)
7. VAT 10% (VAT is applied even clients do not want to issue red invoice)

The package excludes:

1. Food & drinks that are not mentioned above.
2. Photographer (2.000.000vnd per day)
3. T-shirt and design
4. Transport HCMC –Ta Lai -HCMC
5. Travel Insurance

Attention:

The 2 Longhouses capacity total 45 people. If your group is over 45 persons, some will stay in tents with air mattresses and sleeping bags provided. This is a great experience as you can enjoy the most of the surrounding nature.

3 days 2 nights program:

DAY 1 (-/L/D)

8.00am Departure from HCMC.

11.00am Arrival to Ta Lai. Short walk of 1.5km.

12.00am Welcome drink and lunch at the Longhouse

2.00pm **Village tour** to understand about Ma culture.
Visit Museum and Weaving House

4.00pm Back to Longhouse. Check-in.

6.30pm **Gong performance & Bamboo dance.**



3 days 2 nights program:

DAY 2

(B/L/D)

5.00am

Optional with extra charge: Mindfulness trekking

A good chance for your team to enjoy the real jungle with its peaceful beauty, and give your team a chance of self-reflection in the nature.

6.30am Back to the Long House

8.00am Breakfast

9.00am Run and Bike Challenge

12.00pm Back to Longhouse. Lunch & free time.

2.00pm Obstacle Race.

5.00am Back to Longhouse.

7.00pm BBQ dinner. Award ceremony.



3 days 2 nights program:

DAY 3 Water Challenge

(B/L/-)

7.30am Breakfast

Bamboo raft building

9.00am **Location of this activity may change depend on the water level.*

12.00pm Lunch at the Long House and ceremony

2.00pm Check out. Back to Ho Chi Minh

5.00am (est.) Arrive Ho Chi Minh City



Package for 3 days 2 night

The package Includes:

1. 2 night accommodation in Longhouse
2. All meals as stated
3. Activities and equipment.
4. Organization fee for Team building activities
5. Entrance fees
6. Community fees (150.000vnd/person/night)

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Activities

❖ Obstacle race in jungle

The participants work in teams to compete with other teams and gain treasure which is hidden at a secret place deep in the jungle. The teams may have to run, jump, bike, climb and so on to overcome several workshops offered by the organizers in order to get a hint and track down the location of the treasure.

Skills required: leadership, communication, determination, sportiveness



Activities

❖ RUN & BIKE CHALLENGE

Run & Bike challenge is a great game in which teams will have to share a limited number of bikes to complete the race course.

Duration: 1 – 2 hours

Objectives: be supportive and sympathy between teammates, strong communication, accept differences



Activities

❖ VILLAGE TOUR

Clients walk in group to visit the museum and weaving house:

- At the museum: the guide introduces the life of minority people in the village through pictures and artifacts.
- At the weaving house: clients see weaving products made by local women, having a chance to learn how to weave from an experienced weaver.

Duration: 2 – 3 hours

Objectives: understand Ma culture



Activities

❖ Bamboo Raft Building

In this game, the two teams merge into one team of 5-10 and corporate, think up a strategy and fulfill the following series of actions including swimming, kayaking, and running in order to collect and transport material for building a bamboo raft.

Step 1: Kayaking

Step 2: Collecting the bamboo

Step 3: Build the raft

Step 4: Race!

Skills required: Organization, speed, physical fitness and collaboration



Our customers



ELEK Electronics Co., Ltd

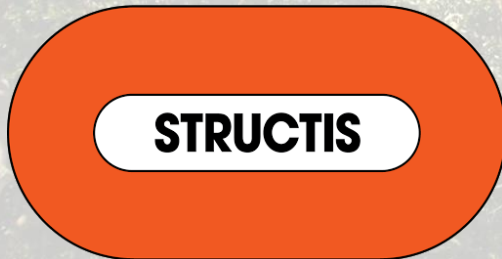
The logo for DECATHLON, with the word "DECATHLON" in white capital letters on a blue rectangular background.



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Contact us



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TA LAI
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